

# THE LUNCH BOX

Menu 2022

## HOT FOOD

Pizza (Ham & Cheese) ✓	\$3.50
Ham & Cheese Pockets ✓	\$2.50
Hash Browns ✓ Veg	\$1.00
Crispy Chicken Wrap ✓ (with Lettuce & Mayo)	\$3.00
Steamed Dim Sims	\$1.00
Lasagne ✓	\$3.50
Mac & Cheese ✓	\$3.50
Chicken Burger ✓ (Lettuce, Tomato, Carrot, Beetroot & Mayo)	\$6.00

## SNACKS

Muffins (Variety) ✓	\$1.00
Ham & cheese Toastie 1/2 ✓	\$1.00
Pikelets	\$0.50
Fruit Iceblocks	\$1.50
Frozen Yoghurt tub	\$2.00
Popcorn ✓ Large	\$1.00
Hard Boiled egg in shell ✓	50 cents
Cheese Stringer ✓	\$1.00

## DRINKS

Milk Box 250 ml ✓	\$2.50
<b>Chocolate or Strawberry</b>	
Water 600 ml ✓	\$1.50
Fruit box 250 ml 100% Fruit Juice ✓	\$2.00

This menu is guided by Right Bite DECD which is the standards that need to be met at schools and preschools. The majority of the menu must fit into the green area (**choose plenty**) with the amber (**sometimes food**) and red (**avoid or two occasions per term**)

**CANTEEN OPEN**

**THURSDAY'S AND FRIDAY'S.**

## MEAL DEALS

Mac & Cheese / Drink / Fruit Iceblock

\$6.00

Lasagne /Drink /Fruit Iceblock

\$6.00

Pizza / Drink / Fruit Iceblock

\$6.00

Drink can be fruit box, water or milk drink. Please write



### Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

### Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

### Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.